# Stamm Camp – Goals and Objectives

# Description

Residents may spend up to several days as a volunteer at Seattle Children’s Stanley Stamm Summer Camp in August every year. Stamm Camp gives nearly 100 children with chronic medical conditions the chance to go fishing, ride horses and take part in other typical summer camp activities at a week-long sleepover camp near Mt. Rainier.

The camp includes a team of both medical and non-medical volunteers from the community and a fully equipped infirmary so that children who are unable to attend other camps due to complex medical needs can join in the fun.

Many of the children served at Stamm Camp have significant neurodevelopmental differences, including cerebral palsy, autism, a history of prematurity, or other genetic diagnoses.

**Resident Role and Expectations**

Resident volunteers may have the opportunity to learn how to put on ankle foot orthoses and back braces, perform chest physiotherapy, administer medications, administer g-tube feedings, help with activities of daily living (ADLs), as well as other opportunities for exposure to the daily lives of the campers.

# Contact

Shaquita Bell, MD - shaquita.bell@seattlechildrens.org

# Educational Goals

# Exposure to daily life and recreation for children with neurodevelopmental differences, including some of the most medically complex children in our SCH system.

**Learning Objectives:**

Because of participating in the Stamm Camp activities, trainees will be able to:

1. **Medical Knowledge**
	* identify key issues in recreation for children with a variety of neurodevelopmental differences
	* define impacts of particular neurodevelopmental diagnoses on ADLs

**b. Patient Care**

* describe features of daily life and developmentally appropriate play for medically complicated children of different ages, outside of hospital walls